## Run Outside of the Box Routes & Challenges Cheat Sheet

## ulti-distance Challenge Series

- ⑦ Tamanawas 1-2-3-Hundred 100mi, 200mi, 300mi
  ⑦ Wy'cool Challenge Series 50k, 50mi, 100k, 100mi
- Ape Spirit Challenge Series
- Hatfield Challenge Series
- C This is Hart







ingle-distance Challenges

- The Olympic Loops
- C Steens Traverse
- ↔ Gorge(ous)2Adams 100
- 🕑 Adams2Hood
- Adams2StHelens

## eak Bagging Challenges

- 🕑 Eagle's 33
- C Gorgeous 16
- Cascades 11-over-10

4h Hill Rep Challenges

- C 24h of Dog Mountain
- 24h of Mount Defiance
- C 24h of Mount Adams



- Hittier Ridge Traverse
- **Middle Sister**
- C Elk/Kings Mountain Traverse

35mi, 39mi, 43mi Tamanawas Tamanawas Tamanawas 324mi 75mi 100mi The Junpic Cascades 11-over-10

26mi, 50k, 50mi, 100k, 100mi

50k, 50mi, 100k, 100mi



Challenge Series



More info, GPS tracks, maps, rules & regulations, and results at http://christofteuscher.com/rob